
Our Village VOICE

A monthly publication of Clayton Valley Village (April 2019 Edition)

Welcome to our April 2019 Newsletter

In this issue CVV is having a Community Information Gathering, read a message from our president, a reminder of the type of help you can get from our volunteers, find photos of our past events and news of our upcoming events, and information about our interest circles and committees. Enjoy!



COMMUNITY GATHERING

- See New Services Offered
- Meet Members and Volunteers
- Enjoy Refreshments
- Make New Friends



**Wednesday
April 24
7-8pm
Hoyer Hall
Clayton Library**

Expanding in Concord.
Come learn of the
services and fun
available to seniors
to live independently
in their own homes.

email: village.clayton@gmail.com • 925-626-0411

www.claytonvalleyvillage.org (a registered 501(c)3 nonprofit organization)

Clayton Valley Village is now expanding into Concord. If you are a senior living in the Clayton-Concord area, join us for a fun-filled, informative evening learning about the variety of social activities and home services offered by Clayton Valley Village to help seniors live independently in their own homes. Come visit with your neighbors, meet our members and volunteers, make new friends and enjoy refreshments.

Clayton Valley Village Volunteer Services



Minor plumbing, home repairs, landscaping, transportation

EVOLUTION OF "NEED"

Thanks From a CVV Founding Member

I joined Clayton Valley Village as a Founding Member as was absolutely convinced several years ago that the Village concept of staying in our own home and community with the help of volunteers as needed for certain services and making new friends with our activities was the way to go. I wanted Clayton Valley to benefit from being part of our Village Movement. I started to use some of the services offered because they were available to me.... keeping my patio plants/tree trimmed and looking nice, some tech help on my Apple computer and administrative tasks as well that piled up during the last few years.

Then getting my eyes in good shape after almost not passing my DMV vision test in January set me on the path towards cataract surgeries. I had my first one on Friday, March 8th and my second one is scheduled for Friday, March 29th. Although I have two “Adult Children”, Karen a nurse herself in Rocklin, working that day and Chris, in Seaview, WA recovering from his hip replacement, I was able to reassure them that they did not need to worry one bit as I had my CVV Volunteers to help out with the driving needs. Even though I do have other neighborhood friends who offered their own help, I was able without any fuss to schedule two Volunteers with our Nurses’ Group (Kim Brazill to drive me back and forth day of surgery, be my “emergency contact” and hear the post operative instructions). Then because I wasn’t sure whether I could drive myself the next morning, I had a possible request for Mary Esther Loranger to check with me night before and be ready to drive me Saturday morning. Well, with one patch over the eye, I definitely did not have the depth perception and vision I needed, so she took me there and back, picked up medications, made sure I was ok at home.

I was relieved of any stress involved in setting up my plans and will know what to expect for next eye surgery. As we have all said before, joining CVV is like having an insurance policy.... you may not need it right away, but how wonderful to have it in place when you do!



President's Message

Jim Whitfield

HELLO & WELCOME TO APRIL!

CVV has lots of plans for this month!

Growing into Concord!

As previously announced, we are now offering our services to those who live in the bordering areas of Concord. The new Concord voting Districts #1 and #5 are geographically close to Clayton - so we are extending our "borders" to enroll new members and volunteers to enjoy the activities and services to Concord zip codes 94521 and a portion of 94519 to Willow Pass Road. See https://www.zipmap.net/California/Contra_Costa_County/Concord.htm to see if you fall into our new coverage. Call our hotline 925 626-0411 for more information.

We joined Concord Chamber Of Commerce!

If you attended the Senior Expo at the CrownPlaza in Concord on March 29 in Concord, hopefully you came to our booth. Your Board felt it was a good move to support the Chamber, which allowed CVV to present our story to those seeking assistance with Senior living and support matters. The Chamber weekly newsletter also gives us an opportunity to publicize some of our social activities and spread the word about the Village concept.

CVV April 24 Community Gathering!

Mark your calendar to attend our Community information evening April 24 from 7-8PM at Hoyer Hall, Clayton Library. We will have several tables with CVV activities displayed plus refreshments for all. A new video featuring members and volunteers will be running and folks will be explaining the who, what, when, where features of the Village. Watch the Concord Clayton Pioneer for our color ad!

New Security Update

We have changed our background check company. All our volunteers are requested to attend a safety and security briefing on Saturday, April 13 from 10-11AM or 1-2PM in the Story Room at the Clayton Library. Please bring a current car insurance card if you are a driver.

Thanks for being a subscriber to our Clayton Valley Village newsletter!

Upcoming Events for April 2019

Tues., Apr 2nd Board of Directors Meeting
Mon., Apr 8th; Village Explorers Hiking Group
Mon Apr 8th; Dance Class for Members & Volunteers
Thurs., Apr 11th: Armchair Travelers for Members & Volunteers
Mon Apr 15th; Dance Class for Members & Volunteers
Tues, Apr 16th: Monthly Mixer at Moresi's
Mon Apr 22nd; Dance Class for Members & Volunteers
Tues Apr 23, Movie Group Outing
Apr 24th; CVV Community Information Gathering
Mon Apr 29th; Dance Class for Members & Volunteers

For additional information about these events and more, click the link below:

https://claytonvalley.helpfulvillage.com/events/index_list

CVV Past Events

LaVeranda Mixer: March 19, 2019



CVV Gets Private Tour of Tony La Russa's Animal Rescue Foundation



Thirteen members and volunteers from Clayton Valley Village enjoyed a personal tour of Tony La Russa's Animal Rescue Foundation on March 14 from 10AM-Noon. The Foundation is located at [2890 Mitchell Drive, Walnut Creek](#). Sue Cross, one of the original ARF volunteers led the tour and had all the history of this amazing facility at her finger tips with stories of how it all began. Not only did we get to see the "public" area of the facility, she also guided us to the back area rooms, where the training, preparation, surgical procedures and intake takes place for the lucky dogs and cats that pass through their doors.

They offer many types of programs for kids including birthday parties, school programs, junior training camps and Guardian pet care. They also offer extensive dog and puppy training sessions and an orientation for adoption of pets. Check out their website at: www.arflife.org and sign up for their informative monthly newsletter, "Paws Press." Our tour ended by meeting Sue's own therapy dog, Cooper, a Great Pyrenees.

We were so impressed with the whole organization which gets **NO** public funding that we put out an appeal for our CVV members and volunteers to give individual donations to CVV to be passed onto ARF. It was a way to thank them for giving us their free tour and extending such warm hospitality.

THANK YOU, CBCA



Last week Clayton Valley Village received a most generous check in the amount of \$3,500.00 from CBCA (Clayton Business & Community Association, Inc.). We know that CBCA supports worthwhile causes and organizations locally in the Clayton area and has very strict policies and procedures for their Request for Contributions. This is the very first grant CVV has applied for (in December 2017) and involved a few re-submissions to comply with their requirements, but we are indeed grateful for their confidence in our mission to help our senior population in the community.

Clayton Valley Village is now a member of CBCA and will continue to build on the relationships that many of our members and volunteers have already formed. We also continue to support the CBCA events such as Wine & Art Festival and Oktoberfest. Clayton Valley Village benefits so very much from this contribution and will put the funds to very good use!



CVV members and volunteers have many interests, hobbies and skills, so we invite you to start an "Interest Circle." It's a great way to meet, share and learn from others in our village who share common interests. Suggestions include: walking/hiking, arts & crafts, book club, creative writing, woodworking, doll making, card making,

painting, quilting, sewing, photography, dining in private homes, conversations on various topics, attending musical events and/or local theater, travel. What it comes down to, however, is the willingness of our Members and Volunteers to lead and coordinate these Interest Circles. If you'd like to share ideas and discuss further, please contact by email Sue at <suemanning121@gmail.com

INTRODUCING DANCE CLASSES!

A new Interest Circle event for Members and Volunteers



When: Monday afternoons 5-6pm, at Diamond Terrace, available weekly, starting **April 8th 2019**.

Who: Teachers are Louis and Rose, a husband and wife team from Clayton, who supply the music and teach us dance steps (think Fox Trot, line, Cha Cha, Rhumba and more).

Cost: \$5 per person per class.

What to wear: Comfortable clothing. Wear supportive shoes, but no rubber soles.

To register: Fiona Hughes 925-672-9547,
email: fionahughesOHI@yahoo.com

Available to CVV Members and Volunteers



Open to Members
& Volunteers



Coordinated by
Sue Manning

Our First Presentation! For Members and Volunteers!

On Thursday, April 11, at 7 pm, Walt and Nancy Hoffman will tell us about their trip to Indonesia. Coffee and dessert will be served! We have 11 signed up now and are accepting 15, so there's room for 4 more of you! Join us for this fascinating adventure; sign up on CVV website under EVENTS.

Click to Register

<https://claytonvalley.helpfulvillage.com/events/696>



Standing & Ad Hoc Committees

2019 CVV Board of Directors

Executive Committee:

Jim Whitfield (President), Sonja Wilkin (Past-President), Kathy Geddes (VP/President Elect),
Sue Manning (Secretary), Joanne Wasak (Treasurer)

Members-at-Large

Diane Berger, Carol Hansen Grey, Mary Esther Loranger, Marilyn Wollenweber

Volunteer Representative Members

Pete Bardea, Fiona Hughes

- The CVV **Events Committee** meets on the last Friday of the month between 1-3 pm and we welcome anyone to our hardworking team! We enjoy our meetings and the satisfaction of pitching in to make sure our events run smoothly.
- The CVV **Tech Committee** meets on the first Wednesday of the month and also participates in the HV Users group
- The CVV **Member Services Committee** meets on the second Thursday of the month.

Our Village Voice is a free, electronic publication of Clayton Valley Village.

Editors: Carol Hansen Grey & Diane Berger

Email: Village.clayton@gmail.com.

The editors welcome all submissions and reserve the right to include or edit all material. Unless otherwise specified, other publications may reprint any material herein with proper attribution.

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Donations are tax-deductible and welcomed.

www.claytonvalleyvillage.org

Submissions, Questions or Comments about

Clayton Valley Village or Our Voice Newsletter

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