

# Our Village VOICE

**A monthly publication of Clayton Valley Village**  
**March 2023 Edition**

A Message from our Co-President. Our Events held in February, upcoming Events, and lots more. Check out what is happening with CVV Circles.

---

## **Happy St. Patrick's Day**



### **What is the true meaning of St. Patrick's Day?**

The day commemorates Saint Patrick and the arrival of Christianity in Ireland, and celebrates the heritage and culture of the Irish in general. Celebrations generally involve public parades and festivals, céilíthe, and the wearing of green attire or shamrocks.

---

## President's Message



**Co-President**  
**Marilyn Wollenweber**



**Co-President**  
**Joyce Atkinson**

*It's March, time for the "wearing of the Green" in Celebration of St. Patrick's Day. The flowers and plants are blooming and the weeds are keeping my yard green, how about yours? Hope you are enjoying the sunshine!*

*Hopefully you were able to attend the Clayton Valley Village Annual Meeting on February 28<sup>th</sup> and brought your friends to learn more about our wonderful organization. Our First Quarter Birthday Party on Feb. 3<sup>rd</sup> was lots of fun! We have two new members, Dale and Adela Oldford. Be sure to meet them and make them feel welcome.*

*Keep an eye out for information on The Clayton Theatre's Spring Production: "The Mousetrap" by Agatha Christie running March 17-April 1. We plan to have a group outing to see a matinee and will need 20 to get a "group rate". CVV did place an ad in the program.*

*Plan to attend the CVV Happy Hour at Momo N Curry on Tuesday, March 21<sup>st</sup>. These events are always lots of fun. Remember, if you need a ride, put in a request and one of our volunteers will pick you up.*

---

# Welcome

## New Members!



Dale Oldford



Adela Oldford

**IN MEMORY OF  
CAROL HERINGTON  
1943-2023  
A VALUABLE CVV VOLUNTEER**



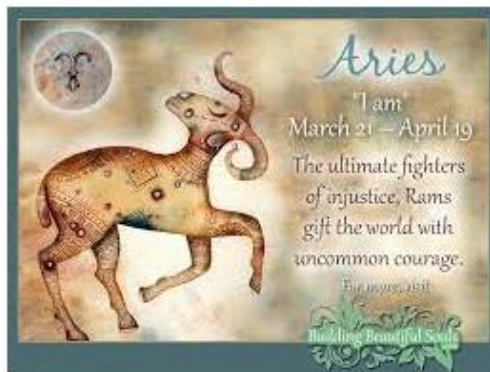


March 4th Judy Disbrow

March 6th Sachiko Torok

March 11th Robert Hoyer

March 16th Norma Meidberg



# GOOD TO KNOW

## Contact CVV

If you want to contact CVV without calling/texting or emailing us, use our Contact form on the web site. Fill out the form and click the send button. The form will go to the CVV call center and the call manager will get back to you within 24 hours.

### CONTACT US

First name

Last name

Your email address

Phone

☐ Add me to your mailing list


#### ARE YOU INTERESTED IN?

- |                                       |  |
|---------------------------------------|--|
| <input type="checkbox"/> MEMBERSHIP   | <input type="checkbox"/> SPONSORSHIPS      |
| <input type="checkbox"/> DONATIONS    | <input type="checkbox"/> PROGRAMS / EVENTS |
| <input type="checkbox"/> VOLUNTEERING | <input type="checkbox"/> OTHER             |

Your questions or comments

If calling to register for an event please leave your email address.

 PO Box 1274, Clayton CA. 94517

 [\(925\) 626-0411](tel:(925)626-0411)

 [Village.Clayton@gmail.com](mailto:Village.Clayton@gmail.com)

 [facebook.com/claytonvalleyvillage](https://facebook.com/claytonvalleyvillage)



---

## KEEPING IT IN THE FAMILY

By Pete Bardea from an article by [Artifcts.com](#)



**Pete's Grandfather's Shoe**

Yes, journalists have written ad-nauseum in major print and digital publications that no one wants your stuff, but we think based on our experience over the years, they're missing the mark. True, your children may not want random pieces of furniture with no history, story, or memory associated with them, but that dining room table, the one they grew up with, that could be a keeper. Love letters that Grandpa sent to Grandma during WWII? A family treasure.

### **CONNECTING PEOPLE, PLACES, AND THINGS**

If you are going to make your niece cart around a sitting Buddha sculpture for her remaining days as part of your last will and testament, tell her why! Does it remind you of the trip the two of you took together when she was younger? Does it symbolize something special that you hope to share with her?

Wills and estate plans by nature focus on the what and often neglect the why. And that's if the will even references an itemized list of tangible assets! The reality then is loved ones may act out of obligation to respect your wishes and hang onto the items you give them but with a tinge of disgruntled acceptance.

## **REDUCING CONFLICT**

Imagine two people who feel equally attached to an object that once belonged to a deceased loved one. In the will, the object goes to one of those people. To squash any potential disappointment or misdirected anger at the recipient, the owner could share the why and explain the bond between the person and/or object and recipient. Closure, in this case, is another great gift of the why.

## **LASTING MEMORIES & LEGACY**

Memory is fickle. Did you make up three different versions of events as to how that painting came into your collection? Did you ever tell the story? Set the record straight with any combination of photos, video, audio, and a brief (or long!) story as you Artifacts your truth of that object.

Want to gift your loved ones a 'why' but not sure where to start? Artifacts website can help! Here are some of our favorite public Artifacts to help inspire you at the Artifacts website.

Visit their web site at <https://artifacts.com/>

---

## Clayton Valley Village Volunteer Services



Minor plumbing, home repairs, landscaping, transportation

### Member Testimonials for our Great Volunteers!

As always, Pete was right on time and put my holiday decorations away neatly. He offered to do more as well. What would CVV do without Pete!!! SM

As always an A and this time an A PLUS. I added a couple of things to do after he arrived ---then half of the zipper on the biggest bag was broken. He figured out how to get it zipped. Always finds the ways!!! Kudos!!!!!! And a BIG THANK YOU LH

Fiona Hughes was terrific. It was not as easy as I thought to install the app but she knew just what to do and did it beautifully. It was lovely meeting her as well. FH

Richard has been very helpful and quick to respond. I needed to order a new shower head which I did. He said to let him know when I had it. I did and he came immediately to install it though there was no rush. I have really appreciated his help. He is returning later this week with parts to fix faucets. KO



Do you want to make a difference in your community? We're looking for motivated and enthusiastic volunteers to join the Clayton Valley Village team! We offer flexible hours and a great opportunity to give back and help those in need. If you're interested in making a positive impact, apply now!

Application Link: [Volunteer Application](#)

Clayton Valley Village Web Site: [CVV Web Site](#)

## PATRONIZE YOUR ADVERTISERS



**THE PIONEER**  
www.PioneerPublishers.com  
Delivered free to 38,500 homes and businesses in Concord and Clayton

6200 Center St., Ste F  
PO Box 1246, Clayton, CA 94517  
News: [Editor@PioneerPublishers.com](mailto:Editor@PioneerPublishers.com)  
Advertising: [Tamara@PioneerPublishers.com](mailto:Tamara@PioneerPublishers.com) 925-672-0500

Your reliable local news source



Nails Naturally  
1026 Oak St #203  
Clayton  
(925) 239-3035  
Book online  
[@nailsnaturally3](https://www.instagram.com/nailsnaturally3)  
 

## ADVERTISE IN THE CLAYTON VALLEY VILLAGE NEWSLETTER

 Dana D. Daniels 20 Personal Training & Lifestyle Coaching National only 925-955-2000	 Custom WIX Website & Graphic Design Services CustomDynamic.net	<b>ESTATE SALE</b> Address goes here Dates and time goes here Dates and time goes here <i>Tag line goes here</i>
--	--	--

**REACH OVER 500  
LOCAL RESIDENTS  
FOR ONLY \$25!**



## Book, Movie & TV Reviews



**Want to watch a good mystery?**  
**The Watcher on Netflix - Based on a True Story**  
**Reviewed by Diane Berger**



The series follows a married couple who, after moving into their dream home in a fictionalized version of Westfield, New Jersey, are harassed by creepy letters signed by a stalker who goes by the pseudonym "The Watcher".

# RECIPES

## Shrimp Boil

Family Favorite from Diane Berger



### INGREDIENTS

UNITS: US

- 1/2 CUP OLD BAY SEASONING
- 2 T SALT
- ▶ 4 QUARTS WATER
- ▶ 1(12 OUNCE) CAN BEER
- 8 MEDIUM RED POTATOES, CUT IN QUARTERS
- 2 LARGE VIDALIA ONIONS, CUT IN WEDGES
- 2LBS SMOKED SAUSAGE, CUT IN 2 INCH LENGTHS
- 8 EARS FROZEN CORN ON THE COB, THAWED (I USE BIRDSEYE LITTLE EARS)
- 4LBS LARGE SHRIMP, IN SHELLS

### DIRECTIONS

IN AN 8-QUART STOCK POT, BRING OLD BAY, SALT, WATER AND BEER TO A BOIL.

ADD POTATOES AND ONIONS; COOK OVER HIGH HEAT FOR 8 MINUTES.

ADD SMOKED SAUSAGE; CONTINUE TO COOK ON HIGH FOR 5 MINUTES.

ADD CORN TO POT; CONTINUE TO BOIL FOR 7 MINUTES.

ADD SHRIMP IN SHELLS, COOK FOR 4 MINUTES.

DRAIN COOKING LIQUID; POUR CONTENTS OF POT INTO SEVERAL LARGE BOWL OR SHALLOW PAILS. SPRINKLE WITH ADDITIONAL OLD BAY.



## Upcoming Events

**Tuesday, Mar 7th - Movie Group - '80 For Brady'**

**Tuesday, Mar 7th - Clayton City Council - Members & Volunteers**

**Wednesday, Mar 8th - CVV Board Meeting**

**Sunday, Mar 12th - Daylight Savings Time Begins**

**Friday, Mar 17th - St. Patrick's Day**

**Mar 17th through Apr 1st - Clayton Theater production - Mousetrap**

**Monday, Mar 20th - First Day of Spring**

**Tuesday, Mar 21st - CVV Happy Hour at Momo N Curry**

**Wednesday, Mar 22nd - Scams, Fraud and Identity Theft**

**Friday, Mar 31st - Good Friday**

**Friday, Mar 31st - Cesar Chavez Day**

**Friday, Mar 31st - CVV Events Committee Meeting**

Scan the QR Code to View the Calendar



# Save the Date!

What: Scams, Fraud, and Identity Theft

When: Wed Mar 22, 2023 at 1:00 PM

Where: Clayton Library/Story Room



**CLAYTON VALLEY VILLAGE  
INVITES YOU  
TO A  
VILLAGE PROGRAM  
FOR SENIORS**

**WEDNESDAY, MARCH 22, 2023  
1:00 - 2:30 PM**

**CLAYTON COMMUNITY LIBRARY  
STORY ROOM  
6125 Clayton Road, Clayton  
Space is Limited**

**Reservations required:  
[www.ClaytonValleyVillage.org](http://www.ClaytonValleyVillage.org)  
Or (925) 626-0411**

## **"SCAMS, FRAUD AND IDENTITY THEFT"**

**GUEST SPEAKER:** Emily Milstein, Staff Attorney with Contra Costa Senior Legal Services. She specializes in elder abuse cases and works to raise awareness about elder abuse and elder financial abuse.

Emily earned a law degree from U.C. Hastings College of the Law. She joined Contra Costa Senior Legal Services in 2020.

Looking for legal advice? Consult an experienced attorney for free! CCSLS Volunteer attorneys are available to consult on a variety of civil legal issues.





**CVV's Qtr-1 Birthday Party for Members was held on Feb 3, 2023**





**Our Explorers enjoyed a scenic portion of the Contra Costa Canal Trail - Feb 6, 2023**





**The Out To Lunch Bunch enjoyed the afternoon at Longport Fish Co - Feb 17, 2023**



**Happy Hour at Love Thai - Feb 21, 2023**







## CVV AFFINITY INTEREST CIRCLES



Bocce, Hiking, Yoga, Mah Jongg, Movie Group

Romeo, Armchair Travelers & Out to Lunch Bunch





What: "80 For Brady"

When: Mar 7 , 2023

Where: Pleasant Hill Theater



The Movie group is starting on Tuesday, March 7. If you would like to join please be sure to RSVP to Jeanne Boyd, [msbooks2@comcast.com](mailto:msbooks2@comcast.com), 925-872-9807. If you would like to carpool, we will meet at the entrance to Dana Hills (Marsh Creek Rd and Mountaire Pkwy ). Times will vary depending on the movie start time. We usually go to the Century 16 Downtown Pleasant Hill Theater. I like to allow about 30 minutes to purchase snacks etc. as desired. You can also bring your own snacks. If you wish to meet in the theater lobby, parking is free & easy in the garage near the theater. "80 tor Brady" is the choice For March 7. Possible time 12:25 (this could change) this movie is PG13 and run time is 1 hour and 38 mins.

## CLAYTON VALLEY VILLAGE



Clayton Valley Village's Explorers' Group, led by Dorothy Bradt and Kathy O'Toole, sometimes takes a HIKE and other times takes a leisurely WALK. There's a wonderful experience awaiting you being outdoors as the weather improves. The next hike, which will be in April, will take you on a search for wildflowers! The more, the merrier, so get your best friend to join you. - Kathy and Dorothy would love to hear from you with suggestions for future WALKS or HIKES: Where to go? Duration? You may email them with your ideas: [dorothybradt@sbcglobal.net](mailto:dorothybradt@sbcglobal.net) or [KDOtoole@att.net](mailto:KDOtoole@att.net).

---

### Quote of the Month

**I can live for two months on a good compliment.**

**- Mark Twain**

---

# Irish Wish For A Friend

Wishing you a rainbow  
For sunlight after showers

—  
Miles and miles of Irish  
smiles  
For golden happy hours

—  
Shamrocks at your doorway  
For luck and laughter too,

—  
And a host of friends that  
never ends  
Each day your whole life  
through!





## **2023 CVV Board of Directors**

### **Executive Committee:**

Marilyn Wollenweber & Joyce Atkinson (President), Rosemary Harwood (President Elect)  
Kathy Geddes (Past-President), Arlene Lewandowski (Secretary),  
Joanne Wasak (Treasurer)

### **Members-at-Large**

Diane Berger, Don Stranik & Maria Xiaris

**Volunteer Representative Members**, Linda Pinder, Margaret Bachman

