



A monthly publication of Clayton Valley Village
June 2023 Edition

A Message from our Presidents. Our Events held in May, upcoming Events, and lots more. Check out our Interesting Articles. **Check out our Ads only \$25.00 and it goes out to 500 local residents.** Contact the village.clayton@gmail.com to advertise in our newsletter.

Happy Flag Day!



President's Message



Co-President
Marilyn Wollenweber



Co-President
Joyce Atkinson

Tis the season for graduations, weddings, travels! My husband and I (Marilyn) just returned from a trip to the Scandinavian countries where the trees and flowers were just beginning to open up. When we returned home, Clayton was bursting with color! What a welcome home.

Village Movement California, our state Village organization, will be holding its yearly meeting in Oakland June 2. We will be sending 5 members who will bring back reports of what our state will doing to support our aging population. We'll let you know what we find out!

Our Happy Hour this month will be held at the Oakhurst Country Club on June 29 from 3:00 to 5:00. You can sign up to attend on our Events Calendar. We look forward to seeing you

there! <https://claytonvalley.helpfulvillage.com/events/2728>

The view of the valley is spectacular, and the camaraderie is infectious, so don't miss out!

Marilyn and Joyce, your co-presidents



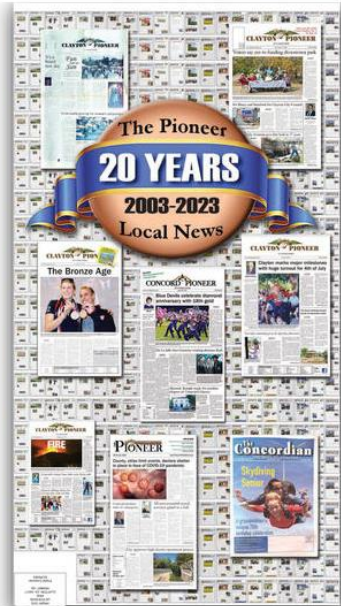
June Birthdays

June 21 Barbara Halperin-Jacobs
June 28 Arlene Lewandowski
June 28 MaryEsther Loranger
June 28 Ralph Molnar



Did You Know?

The Concord Clayton Pioneer is 20 Years Old



The Pioneer newspaper is 20 years old and celebrates our milestone with its 429th issue. Newspaper publishers Tamara and Bob Steiner and their small but dedicated staff have given local residents news on government, schools, the arts, sports and many other aspects of community life in our little corner of the world. The April 2023 issue is out this week. It celebrates our milestone with a look back at our history in addition to our regular local news coverage.

The paper is delivered free to 38,500 readers' homes and is completely supported by advertisers. We hope you will keep this in mind when shopping and SUPPORT OUR ADVERTISERS. If you are not in our free delivery area, you can pick up a copy at one of our racks around town. Check "Pickup locations" on our website to find one near you.

Besides our monthly paper, we publish new stories on our website almost every day. If you'd like to get email notices when we post new stories, please sign up at <https://follow.it/concord-clayton-pioneer?action=followPub>.

To read our April 2023 issue PDF online, visit www.PioneerPublishers.com. And our PDF archives go back to 2003 if you want to check out past issues.

[#SaveLocalJournalism](#) [#localnews](#) [#newspapers](#) [#claytonca](#) [#concordca](#) [#pleasanthillca](#) [City of Concord, California](#) [City of Clayton, California](#) [City of Pleasant Hill - Government](#) [Visit Concord, CA](#) [Greater Concord CA Chamber of Commerce](#) [Clayton Business and Community Association](#) [Pleasant Hill Chamber of Commerce](#)

AMAZING

THINGS WE SAY TODAY, WHICH WE OWE TO SHAKESPEARE:

"KNOCK, KNOCK! WHO'S THERE?"
"IN A PICKLE" "SET YOUR TEETH ON EDGE" "HEART OF GOLD"
"FAINT HEARTED" "SO-SO" "GOOD RIDDANCE"
"LIE LOW" "FIGHT FIRE WITH FIRE" "BAITED BREATH" "SEND HIM PACKING"
"COME WHAT MAY"
"THE GAME IS UP"
"WEAR YOUR HEART ON YOUR SLEEVE"
"NOT SLEPT ONE WINK" "FULL CIRCLE" "OUT OF THE JAWS OF DEATH"
"TOO MUCH OF A GOOD THING"
"WHAT'S DONE IS DONE" "NAKED TRUTH" "BREAK THE ICE"
"WILD GOOSE CHASE"
"LAUGHING STOCK" "BREATHED HIS LAST"
"HEART OF HEARTS" "VANISH INTO THIN AIR"
"SEEN BETTER DAYS" "MAKES YOUR HAIR STAND ON END"
"DEAD AS A DOORNAIL" "FOR GOODNESS' SAKE" "LOVE IS BLIND"
"GREEN EYED MONSTER" "FAIR / FOUL PLAY / PLAY" "OFF WITH HIS HEAD"
"THE WORLD IS MY OYSTER" "BRAVE NEW WORLD"
"BE ALL / END ALL" "A SORRY SIGHT"

Thank you Events Commitee



**Sonja Wilkin, Arlene Lewandowski, Betty Armes, Sue Manning,
Jeanne Boyd, Judy Disbrow, Shelia Driscoll, Fiona Hughes,
Bhishma Lashkari, Bonnie Slatkin, Gloria Utley & Shirley Izard**

CVV would like to take a moment to express our sincere gratitude for all the hard work and effort you put into planning CVV events. Your attention to detail, creativity, and dedication have truly made all of CVV events a huge success.

Your commitment to making CVV events a success has not only benefited those who attended, but it has also positively impacted the community as a whole. You have created a wonderful experience that people will cherish for years to come.

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Call 925-626-0411 or email village.clayton@gmail.com

ARTICLES OF INTEREST

[Study done by the Surgeon General on Senior Loneliness](#)



[Tracking The Lineage of Clayton Postoffice](#)



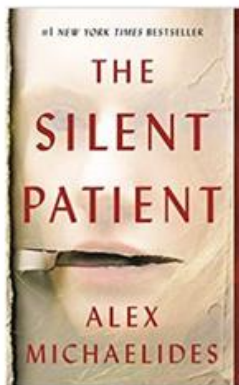
[10 Ways to Use WD40 Around the House](#)



Book, Movie & TV Reviews

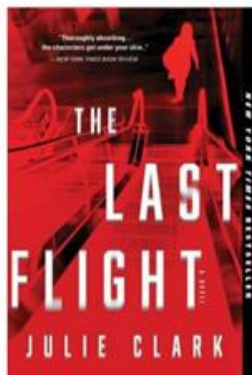


Book Suggestions - by Lynn Hadley



A psychological thriller---

Theo Faber is a criminal psychotherapist working to understand why Alicia shot her husband 5 times in the face and never speaks again.



Suspense---

Two strong women are in flight to save their lives, with very different backgrounds and reasons for their flight. A chance meeting at the airport where they exchange their flights and identification papers. They now begin the adventure as two different people.



Upcoming Events

Thursday, Jun 1st – Tai Chi – Hoyer Hall, Clayton Library

Friday, Jun 2nd – Village Movement California

Monday, Jun 12th – CVV Explorers Hike

Wednesday, Jun 14th – Flag Day

Wednesday, Jun 14th – CVV Board Meeting

Thursday, Jun 15th – Tai Chi – Hoyer Hall, Clayton Library

Friday, Jun 16th – CVV Q2 Birthday Celebration (Members Only)

Saturday, Jun 17th – Clayton Memory Café – Clayton Library

Wednesday, Jun 21st – Come & Learn about CVV

Wednesday, Jun 21st – 1st Day of Summer

Thursday, Jun 29th – CVV Happy Hour – Oakhurst Country Club

Friday, Jun 30th – CVV Events Committee Meeting

Scan the QR Code to View the Calendar





The Out to Lunch Bunch - May 4th

Supported the student run Serendipity Restaurant & Bakery.

Serendipity is part of the International Hospitality & Tourism Academy at Mt. Diablo High School. Students graduate with the Food Handlers' certification and hands-on experience in all facets of the restaurant business. Serendipity students win top awards at regional, state, and national culinary competitions.



Happy Hour at La Veranda Cafe - May 16th

This popular venue was attended by 20 members and 14 guests.



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COMMUNITY EVENTS

**CVV Members Sue Manning and Diane Berger
volunteered at the CBCA Art & Wine Festival.**

Thanks for supporting the great work that CBCA does for Clayton !



Save the Date!



CLAYTON VALLEY VILLAGE*
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VILLAGE PROGRAM

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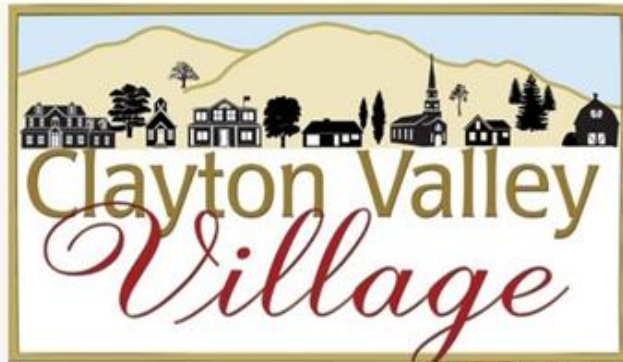
Triet Hoang, Field Operation Specialist, California Phones (www.CaliforniaPhones.org) will discuss and demonstrate what is available.

Friday, June 9, 2023, 1:30 pm
Clayton Community Library, Story Room
6125 Clayton Road, Clayton

Space is limited. Reservations required:
www.ClaytonValleyVillage.org
Or (925) 626-0411

**Clayton Valley Village*, founded in 2014, is a membership-based, member-driven, 501c3 non-profit organization of seniors living in Clayton and Concord, California. Committed to helping our members live independently in their own homes as they age, we provide transportation and an array of home-based services for our members through our volunteer network. We also sponsor social and cultural activities to minimize isolation and promote interaction.

Come and Learn about Clayton Valley Village



Come learn about the benefits of becoming a Clayton Valley Village member:

- transportation help,
- enjoy social and educational events, lunches out, movies,
- household jobs, grocery or errand runs



Join us to learn more...

**JUNE 21, 2023
3PM**

**AT CLAYTON VALLEY
PRESBYTERIAN CHURCH
1578 KIRKER PASS RD.
CLAYTON**

DO YOU NEED A LITTLE HELP?

- Transportation, handyman, computer help or shopping?
- Friendly visits & activities?
- Social events, lunches, movies?
- Companionship?

CAN YOU VOLUNTEER?

- Provide community support services at your availability.
- Share your skills with others.
- Learn new things, meet and help new people!

www.claytonvalleyvillage.org



CLAYTON VALLEY VILLAGE EXPLORERS

CVV Hike on Mon June 12th @ 10:00 AM
Lafayette Reservoir



Meet at the Grove Park at 10:00 AM to carpool. Walk around the reservoir is about 2.7 miles, some gentle ups and downs on paved road. Restrooms available. There is a fee to park if you choose to drive your own car.

RSVP: <https://claytonvalley.helpfulvillage.com/events/2024> or call [925-626-0411](tel:925-626-0411)

Leaders:

Dorothy Bradt [925 890-7195](tel:925-890-7195)

Kathy O'Toole [925-348-1151](tel:925-348-1151)

CVV AFFINITY INTEREST CIRCLES



Bocce, Hiking, Yoga, Mah Jongg, Movie Group

Romeo, Armchair Travelers

Quote of the Month

"Magic exists. Who can doubt it, when there are rainbows and wildflowers, the music of the wind and the silence of the stars? Anyone who has loved has been touched by magic. It is such a simple and such an extraordinary part of the lives we live."

— Nora Roberts



Shared by Uncle Don

I AM The Remnant Of Supernova Explosion.

I Think, Therefore I Am.

**The Purpose Of Life Is The Pursuit Of
Knowledge.**

The Dance Of Life is the Quest For The Unknown.

**Since I Control My Attitude, I Can Choose To Be
Happy Or Not: To Bring Joy To Others Or Not.**

Truth, Reality, Yahweh Are One And The Same.

I Attain Truth By Transcending Space And Time.

I will be One With the Radiant ALL.



2023 CVV Board of Directors

Executive Committee:

Marilyn Wollenweber & Joyce Atkinson (Co[Presidents), Rosemary Harwood (President Elect)
Kathy Geddes (Past-President), Arlene Lewandowski (Secretary),
Joanne Wasak (Treasurer)

Members-at-Large

Diane Berger, Don Stranik & Maria Xiaris

Volunteer Representative Members, Linda Pinder, Margaret Bachman