
Our Village VOICE

Welcome to our September 2019 Newsletter

Read about our upcoming Clayton Valley Village Community Gathering, our Clayton Valley Village 6th Annual Supper & Silent Auction in October, see photos of our past events, news of our upcoming events, information about our interest circles and committee reports. Enjoy!

Welcome

New Members!

The Member Services Committee welcomes our newest members:

Sue Hummel, Dorothy Bradt, Liz Hansen, and Mariana Behdjet.

Sue has started a new Writing Circle and Dorothy leads our hiking group.

(See more information about these activities further down in the newsletter.)

COMMUNITY INFORMATIONAL GATHERING



Wed., Sept. 25, 2019

6:30 - 8:00 pm

First Presbyterian Church

1965 Colfax St., Concord

Join us to learn about the services and fun activities we offer Seniors to help them live independently in their own homes!

Meet members • Enjoy refreshments • Make new friends

www.claytonvalleyvillage.org (a registered 501(c)3 nonprofit organization)

Did You Know?

How to Care for Your Fire Extinguisher

Inspect fire extinguishers at least once a month (more often in severe environments).

Fire extinguisher maintenance is important for everyone's safety.

You must ensure that:

- The extinguisher is not blocked by equipment, coats or other objects that could interfere with access in an emergency.
- The pressure is at the recommended level. On extinguishers equipped with a gauge, the needle should be in the green zone - not too high and not too low.
- The nozzle or other parts are not hindered in any way.
- The pin and tamper seal (if it has one) are intact.
- There are no dents, leaks, rust, chemical deposits and/or other signs of abuse/wear. Wipe off any corrosive chemicals, oil, gunk etc. that may have deposited on the extinguisher.

Some manufacturers recommend shaking your dry chemical extinguishers once a month to prevent the powder from settling/packing. Fire extinguishers should be pressure tested (a process called hydro-static testing) after a number of years to ensure that the cylinder is safe to use. Consult your owner's manual, extinguisher label or the manufacturer to see when yours may need such testing. If the extinguisher is damaged or needs recharging, replace it immediately!

Because they are full of pressurized chemicals, fire extinguishers can't simply be thrown in the trash—you need to take certain steps to make sure it is safe. If the fire extinguisher is not empty, take your it to your nearest hazardous waste disposal facility if your local fire department will not take it.

Announcing



TRIAL MEMBERSHIP

Clayton Valley Village is happy to announce a new program for those who would like to see if membership in our organization is right for them.

1. A 3 month commitment by Member at \$50/month for individuals or \$75/month for a couple paid monthly by credit card.
2. A 30-day written notice by email to withdraw the membership. Services by volunteers can be requested once the member has been accepted.
3. The usual procedure will be followed of submitting a membership application to Member Services Committee, and scheduling an interview.

Applications are available on our website:

www.claytonvalleyvillage.org or by calling CVV office at 925-626-0411.

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Clayton Valley Village Volunteer Services



Minor plumbing, home repairs, landscaping, transportation

One of the things we hear from our members is that they don't think about putting in a service request because they can usually do most things themselves. One of the reasons to join Clayton Valley Village is to use the services of our volunteers to help you with tasks around your home and yard. Here is a sample list of things that volunteers could help you accomplish:

Light yard work, Install smoke detectors,
Help organizing an office or garage
Help rearranging furniture, Hang pictures or mirrors,
Fix or replace a hinge or door knob
Flip bed mattresses,
Take down or put up a curtain rod,
Replace light bulbs,
Lubricate doors,
Replace heater/refrigerator filters,
Install shower head
Paint mailbox, Replace a door screen,
Replace toilet seat, Replace toilet tank flapper
Adjust toilet tank water level,
Replace/repair doorbells,
Change smoke alarm, replace batteries
Set up TV cable, garage remotes,
Reset an irrigation timer
Repair a drip in an irrigation line, Tighten garden hoses,
Reset breaker box or GFI...once
Help with computer issues,
Lift heavy boxes, Move patio furniture,
Pot plants (in pots, not in ground)
Install solar yard lights,



Help setting up and taking down Christmas decorations
Bring things down from attic using pull-down ladder (with second volunteer)



President's Message

Jim Whitfield

Hello to all! Lots is happening in Clayton Valley Village! This month I'd like to focus on several of the small circle groups that are part of our CVV community. Also on October 20th we will be having our 6th annual Sunday Super and Silent Auction fundraiser. See the announcement below.

- Our new Armchair Travelers series has featured two overseas travels so far. Watch the CVV calendar for dates and topics for these educational and entertaining events.
- The new CVV Writing Circle is so popular that it is moving to the Clayton Library to provide a larger venue for its meetings.
- Our bocce ball Spring Team has finished the season and our Summer Team had their first game on Aug 9th. Watch for the schedule to be posted.
- Our Hiking Group, the Clayton Valley Village Explorers, is growing! Check the calendar for the next date and location.
- We are looking to start a book group. Send us an email at <village.clayton@gmail.com> to indicate your interest.
- In September "Out To Lunch Bunch" **for members only** will be going to Piatti's in Danville. We encourage members to check the calendar and RSVP for this fun event.
- The CVV Dance Circle will be re-convening in October. Check the calendar for more information and to RSVP.
- The new Member Handbook has been published! The Member Services Team of Marilyn Wollenweber, Kathy Geddes, Diane Berger, Carol Hansen Grey, Sonja Wilkin and Mary Esther Loranger completed a major re-write which is being distributed to each Member this month.
- New Rack Cards designed by our in-house graphic designer, Carol Hansen Grey, are now available. They include a map of our expansion into Concord. Look for them in our new display racks at neighborhood businesses. Also, let us know if you'd like a supply to distribute. We encourage you to use them to tell your friends and neighbors about CVV!

OUR BIG NEWS is our expansion into a portion of Concord. We will be holding an informational "Gathering" at First Presbyterian Church Fellowship Hall in downtown Concord on Wednesday, September 25 from 6 to 8PM. This is your chance to spread the word about Clayton Valley Village. Show your support - Come and bring a friend or two!!

Upcoming Events for September 2019

Monday, Sept. 2 - Labor Day
Tuesday, Sept. 3 - Board of Directors Meeting
Saturday, Sept. 7 - Clayton Farmers Market
Tuesday, Sept. 10 - Writing Circle/Members Only
Sunday, Sept. 8 - Summer Bocce League
Friday, Sept. 13 - Out to Lunch Bunch - Members Only
Saturday, Sept. 14 - Clayton Farmers Market
Saturday, Sept. 14 - Concert in the Grove - VYB8 Society
Sunday, Sept. 15 - Summer Bocce League
Tuesday, Sept. 17 - CVV Monthly Mixer@Oakhurst Country Club
Wednesday, Sept. 18-21 - Village to Village Conference
Saturday, Sept. 21 - Clayton Farmers Market
Sunday, Sept. 25 - Summer Bocce League
Tuesday, Sept 24 - Movie Group
Wednesday, Sept 25th - Community Information Gathering

For additional info about these events and more, click the link below:

https://claytonvalley.helpfulvillage.com/events/index_list



PAST EVENTS



A big thanks to CVV Volunteer Carole Gardner for hosting a delightful 3rd Quarter Birthday Luncheon on August 15 attended by eleven CVV members. We celebrated "birthday kids" Marilyn, Bhishma, Liz and Dorothy and

missed others who couldn't be there.



**CVV 3rd Quarter
Birthday Party
Aug. 15, 2019**

CVV's ANNUAL ICE CREAM SOCIAL



CVV's Annual Ice Cream Social was a de-LIGHT-ful affair hosted by Bhishma Lashkari on August 20th from 6-8pm at her lovely home. The 23 members and volunteers who attended enjoyed delicious ice cream sundaes and root beer floats. A big **THANK YOU** to Bhishma for hosting and to the Events Team for coordinating. An extra treat was having Sonja's daughter-in-law and granddaughter (Mary and Maddie) visiting from Seaview, WA (on the Long Beach Peninsula) attend the event and volunteer to take care of the registration tags!

CVV ANNUAL ICE CREAM SOCIAL (August 20, 2019)





Hot August Nights



at Oakhurst Country Club August 2nd

For the third year Clayton Valley Village had a promotion table at the annual Open House event for Oakhurst Country Club members and their guests. We distributed information, applications and signup sheets to those interested. Attendees enjoyed great food, beverages and music, as well as the 70 vintage cars displayed.

**We look forward to being on the Oakhurst patio for our
Tuesday, Sept. 17th mixer from 4-6 pm.
Open to the public. Please join us.**

Clayton Concert in the Grove and CVV Picnic

Nine CVV members and volunteers had a great time attending Clayton's Concert in the Grove featuring Night Moves who played classic Credence Clearwater Revival music. We shared good potluck picnic food and were treated to a wonderful dessert of raspberry, whipped cream and Limoncello concoction provided by Bonnie Slatkin. Sue and Bill brought Joyce Pisani as their guest. A fun time was had by all.

Clayton Concert in the Grove

Night Moves/Credence Classic Revival

August 17



Upcoming Events for September



Representatives from Clayton Valley Village have attended the National Village to Village Annual Conference for the past several years. This year the conference will be held in Chicago. Board members Sonja Wilkin and Carol Hansen Grey will be attending representing our village.

Upcoming Events for October



JOIN IN THE FUN!
**6TH ANNUAL SUNDAY SUPPER
& SILENT AUCTION**

SUNDAY, OCT. 20th - 5-9 pm

LaVeranda
6201 Center St., Clayton
No Host Bar
\$50/person
RSVP Required: 925-626-0411



Since 2002, the Clayton Oktoberfest has been San Francisco Bay Area's premiere Oktoberfest. The festival takes place in historic downtown Clayton. Featuring an authentic biergarten, German food & beer, arts/craft vendors, live music plus a full size traveling carnival. Oct. 5-6, 2019.



CVV members and volunteers have many interests, hobbies and skills, so we invite you to start an "Interest Circle." It's a great way to meet, share and learn from others in our village who share common interests. Suggestions include: walking/hiking, arts & crafts, book club, creative writing, woodworking, doll making, card making, painting, quilting, sewing, photography, dining in private homes, conversations on various topics, attending musical events and/or local theater, travel. What it comes down to, however, is the willingness of our Members and Volunteers to lead and coordinate these Interest Circles. If you'd like to share ideas and discuss further, please contact by email Sue at <suemanning121@gmail.com>



Open to Members
& Volunteers

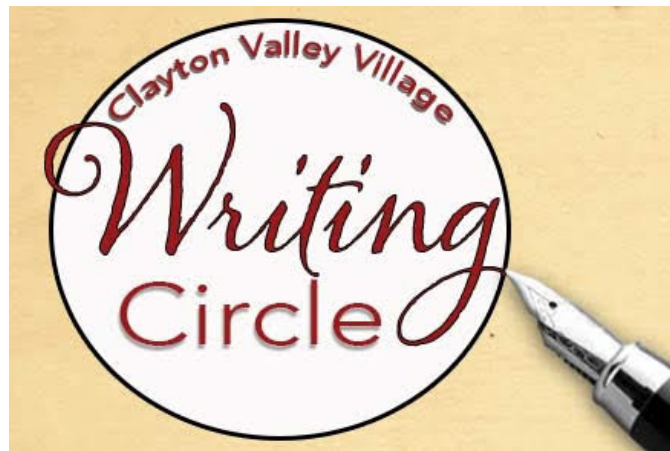


Coordinated by
Sue Manning

CVV Armchair Travelers - Aug. 8



Sue Manning coordinated the August meeting of Armchair Travelers that featured a presentation by Sonja Wilkin of her 2018 Baltic Cruise and her 2019 trip to London, Bath and Stonehenge. Fiona provided fabulous afternoon tea assortment and Betty brought great cherry cheesecake. It was a wonderful evening enjoyed by all in attendance!



by Sue Hummel, Leader

We held the first, very successful meeting of our CVV Writers Circle at the home of Sue Hummel on Tuesday, Aug. 13 from 2 - 4pm. Those attending were: Sonja Wilkin, Carol Hansen Grey, Sue Manning, Gloria Utle, Mary Esther Loranger, Candy Negrete, Fiona Hughes.

We began by introducing ourselves, telling a little bit about our personal writing history and why we decided to join the circle. We then did a fun, 15-minute stream of consciousness writing exercise starting out with either "Oh, No!" or "Oh, Yes!" and read what we had written out loud. This brought quite a few laughs and gave each of us further insights into ourselves and each other.

Our next meeting will be held at the Clayton Library on September 10 from 2-4pm. The circle is not accepting new members at this time. If you are interested in being part of a CVV writing circle, call CVV at 925-626-0411 to add your name to the list to be contacted when and if an additional circle is started in the future.



CVV Writing Circle

Sonja Wilkin, Mary Esther Loranger, Candy Negrete, Sue Hummel (Host),
Sue Manning, Fiona Hughes, Gloria Utley, Carol Hansen Grey



Thanks for leading our evening hike, Dorothy and Kathy....it was delightful starting from The Grove, going through Dana Hills green belt, and along Marsh Creek.





Standing & Ad Hoc Committees

2019 CVV Board of Directors

Executive Committee:

Jim Whitfield (President), Sonja Wilkin (Past-President)
Sue Manning (Secretary), Joanne Wasak (Treasurer)

Members-at-Large

Diane Berger, Carol Hansen Grey, Mary Esther Loranger,
Marilyn Wollenweber, Kathy Geddes

Volunteer Representative Member

Pete Bardea

- The CVV **Events Committee** meets on the last Friday of the month between 1-3 pm and we welcome anyone to our hardworking team! We enjoy our meetings and the satisfaction of pitching in to make sure our events run smoothly.
- The CVV **Tech Committee** meets on the third Tuesday of the month, participates in the HV Users Group and handles Database Management.
- The CVV **Communications/Publicity Committee** interfaces with the Tech Committee and handles Website Development, Newsletters, Printed Promotional Material, Calendar Management, Social Network Outreach and Email Notifications. (No regularly scheduled meetings.)
- The CVV **Outreach Committee** gives presentations to various organizations, organizes periodic community gatherings; joins other Bay Area Villages at resource fairs & programs; attends public meetings of various local, state and national government agencies; represents CVV at National and State Conferences; continuously promotes CVV wherever the opportunity occurs to increase membership. (Meets as needed.)
- The CVV **Member Services Committee** meets on the second Thursday of the month. The committee processes new member applications, schedules new member in-home visits, creates, edits, and distributes the Member and Volunteer Handbooks. The committee also provides and monitors the call managers who are assigned days to answer calls and respond to emails sent to the Village. It receives members suggestions for service providers and adds them to the service provider list on CVV's website after review.

Our Village Voice is a free, electronic publication of
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Email: Village.clayton@gmail.com.

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<https://www.claytonvalleyvillage.org>

**Submissions, Questions or Comments about
Clayton Valley Village or Our Voice Newsletter**

Email: Village.Clayton@gmail.com or Phone: 925-626-0411



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