

The Villager



A monthly publication of Clayton Valley Village

November 2016 Vol. 3 Issue 11

CVV Fundraising Dinner and Auction Declared a Success

CVV\$ Sonja Wilkin named finalist for Volunteer of the Year at National Village-to-Village Conference.



L-R: V-to-V President Frank Harnden
Sonja Wilkin, Prof. Andrew Scharlach
of Cal-Berkeley. More on page 3.

Congratulations, Sonja, from all of us at CVV. We admire your dedication, knowledge, and energy. Lead us as we launch in May, 2017

The CVV third annual Sunday Supper and Silent Auction brought 45 members and guests to La Veranda in Downtown Clayton on October 23 for an evening of great food and comradery.

The event raised \$2,495 which will go toward the official launch of Clayton Valley Village on May 1, 2017.



Some of the items going up for bid.

To p.2.

The Villager is sponsored by





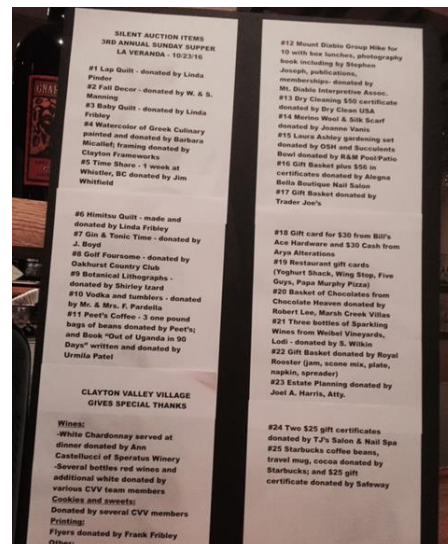
Top: Jim Whitfield and Sonja Wilkin
Middle: The room was full.
Bottom: Yonina Bushell, Cindy Krausgrill, Joanne Vanis.

Supper from p.1

Diners enjoyed lasagna, chicken with mushrooms, and tilapia piccata, along with wines donated by members and the Speratus Winery.

Auction items included a guided hike for ten through Mt. Diablo State Park, a round of golf for four at Oakhurst, an hour of an attorney's time to update your wills and trusts, watercolors, dinners, and wines.

A complete list of donors is on page 6.



Above: The list of donors was long.

Below: Sue Manning and Gloria Utley



National Village-to-Village Conference Draws Five from Contra Costa

The 8th Annual National Village Gathering brought more than 250 village members from all over the U.S. to Columbus, Ohio, October 17-19. Three Contra Costa villages sent representatives for the opportunity to gain and share valuable information, network with other villages around the country, and learn from each other's experiences.



Downtown Columbus, Ohio, at the confluence of the Scioto and Olentangy rivers. (There will be a test.)

Clayton Valley Village was represented by Maria Xiaris and Sonja Wilkin. Lamorinda Village sent Ann Ornelas and Jane Tiemann, and Patsy Barich represented Walnut Creek Village. Wilkin was honored as one of the top four Volunteers of the Year during the conference. She was nominated by fellow members of CVV.

The opening keynote was given by Elizabeth Isle of the Global Initiative Entrepreneur Enterprise who spoke on "Senior Entrepreneurship is not an Oxymoron."

The second keynote speaker was Ashton Applewhite, author of *This Chair Rocks: How Ageism Warps our View of Long Life*. Applewhite says she has become "an old person in training."

Manuel Acevedo gave a presentation on his Helpful Village software system. Acevedo, a volunteer from Ashby Village in Berkeley, has developed this system for database management. CVV is in the process of adopting Helpful Village.

The 2017 conference will be November 5-6 in Baltimore.



Left: Anne Greenblatt-Petaluma, Patsy Barich-Walnut Creek, Paul Greenblatt-Petaluma, Sonja Wilkin-CVV, Maria Xiaris-CVV, Jane Tiemann-Lamorinda, Anne Ornelas-Lamorinda

Above: The ubiquitous Powerpoint at a break-out session.

November 17 Lunch 'n' Learn Offers Tips on Packing, Skin Care

Image Stylist Carolyn Woodward and Licensed Esthetician Dynese Mouzakis Present *Beauty and Fashion: Feeling Your Best at Any Age.*

The November 17 Lunch 'n' Learn program is in two parts, the first covering fashion and packing smarter for your holiday travels. In the second half, you will learn about effective skin care to take you from 50 and beyond with a healthy glow.

What to Pack, What to Leave Behind

Carolyn Woodworth, Image Stylist from Lafayette, shares tips and easy solutions to your packing problems.

When packing for your next trip, the basic solution to clothing selection is Carolyn's Mix, Match, and Multiply Capsule Method. When planning your wardrobe, whether for everyday or for travel, this method is a practical, efficient and cost effective way to manage what you plan to wear. You will learn 5 tips for planning your travel wardrobe.

- The ideal number of pieces in a capsule wardrobe.
- Basic and accent colors.
- How clothing pieces should work together.
- Choosing accessories that will take you from day to evening.
- How not to "over-shoe" yourself.
- And how to avoid packing for "just in case"!

Skincare Tips to Beat the Winter Blues

Dynese Mouzakis, Licensed Esthetician and CMT, shares her vast knowledge on skincare. "We can't stop aging," she says, "but we can always learn ways to keep our skin healthy and glowing." Dynese will share her years of knowledge about:

- Key active ingredients that effect the skin
- Winter skincare tips
- Nutritional information to care for the skin as we age.

Where and When

The program runs from 11:00 am to 1:00 pm on Thursday, November 17 at the Clayton Public Library, Hoyer Hall in Clayton. 94517. Bring a brown bag lunch. Water and cookies provided.

Calendar for November & Beyond

Meetings

Monday, November 14, **CVV Launch Committee** with consultant Janis Brewer

Thurs. November 17, 6:00-9:00 pm. **CBCA dinner meeting**, Oakhurst Country Club

Events

Nov 4-6 ó ***The Birds***. Stage version of the Daphne du Maurier horror story, from which Alfred Hitchcock drew for his 1963 thriller of the same name. Presented by Blue Panther Productions and Symmetry Theatre Company at the Carriage House of the Historic Pardee Home and Museum, 672 11th Street, Oakland 94607. www.brownpapertickets.com

Tues. Nov. 15, 4-6 pm - **CVV Mixer** ó Moresio's Chop House (Taco Tuesday!) 6115 Main Street, Clayton. All welcome.

Thurs. Nov. 17, 11:30-1:00 ó **Lunch 'n' Learn**, Image Stylist Carolyn Woodward and Licensed Esthetician Dynese Mouzakis present öBeauty and Fashion: Feeling Your Best at Any Age.ö Bring a brown bag lunch. Clayton Community Library, Clayton, CA 94517

November 24 is Thanksgiving Day

....& Beyond

Dec 10-Feb 17, Thursdays through Sundays 4:00 pm ó 8:00 pm - **Icons in Transformation**. More than 150 contemporary icons by internationally known Russian artist Ludmila Pawlowska, plus traditional icons from the Vassilevsky Monastery in Russia. Exhibit divided between St. John's Episcopal Church, 5555 Clayton Road in Clayton and St. Michael and All Angels Episcopal Church, 2925 Bonifacio Street in Concord. Free. 925-890-7839. See page 7.

Sat. Dec. 10, 2:00 pm. - **Diablo Women's Chorale Concert**. Hillside Church, 2060 Magnolia Way, Walnut Creek.

CVV Mixer

Get updated on Clayton Valley Village
Meet the Volunteer Team . Share Ideas . Everyone Welcome
No-host Bar

Taco Tuesday, November 15, 4:00-6:00pm

Moresio's Chop House
6115 Main Street, Clayton

Generous Donors to the 3rd Annual Sunday Supper & Silent Auction

Alegna Bella Boutique Nail Salon

Arya Alterations

Bill's Ace Hardware

J Boyd

Dry Clean USA

Sue Elliott

Solomon Ets-Hokin

Five Guys

Frank Fribley

Linda Fribley

Joel A. Harris, Atty

Shirley Izard

Robert Lee

W & S Manning

Barbara Micallef & Clayton
Frameworks

Mt. Diablo Interpretive Assn

Oakhurst Country Club

Urmila Patel

Papa Murphy Pizza

F & R Pardella

Linda Pinder

R&M Pool & Patio

Royal Rooster

TJ's Salon & Nail Spa

Trader Joe's

Safeway

Sloat Garden Center

Ann Castellucci/Speratus Winery

Starbucks

Joanne Vanis

Weibel Vineyards

Jim Whitfield

Sonja Wilkin

Yoghurt Shack

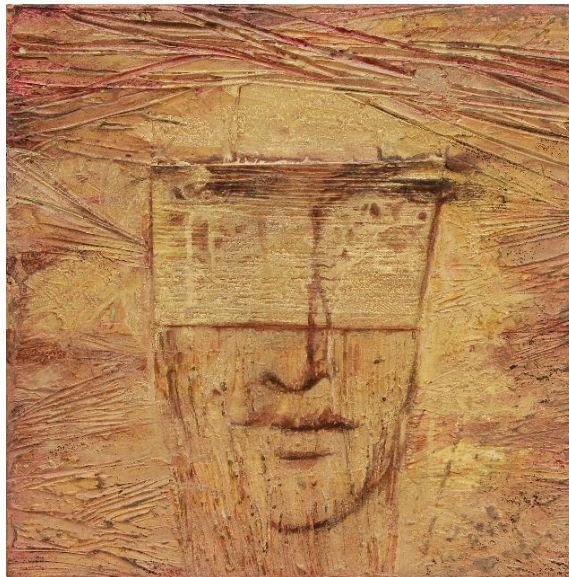
and CVV Team members

Traveling Exhibit of Religious Icons, both Contemporary and Traditional, at St. John's-Clayton and St. Michael and All Angels-Concord, December 10 – February 17

***Icons in Transformation* showcases the paintings of Russian artist Ludmila Pawlowska in only Bay Area appearance.**



Traditional icon from the Vassilevsky Monastery in Suzdal, Russia.



To Be Seen by Ludmila Pawlowska

More than 150 contemporary icons by internationally known Russian artist Ludmila Pawlowska, plus traditional icons from the Vassilevsky Monastery in Russia will be displayed. The exhibit is divided between St. John's Episcopal Church, 5555 Clayton Road in Clayton and St. Michael and All Angels Episcopal Church, 2925 Bonifacio Street, next to Baldwin Park, in Concord. Dec 10-Feb 17, Thursdays through Sundays 4:00 pm . 8:00 pm. Admission is free, but donations accepted. 925-890-7839, www.stjohnsparish.org; www.stmichaelsconcord.org.

Thank you to our CVV Sponsors... for generous donations of cash and in-kind services.

American Association of University Women, Clayton Chapter - Clayton Community Library Foundation - Clayton Pioneer & Clayton Valley-Concord Sunrise Rotary - Compumail Printing & Diablo Valley Foundation on Aging & Diamond Terrace - Marsh Creek Park Villas & Stifel, Nicolaus & Co. - St. Demetrios Greek Orthodox Church - Anonymous 1, 2, 3, & 4.



“Christmas for Everyone”

Needs your assistance

925-228-2233

Your donations accepted daily at

NEW HOPE INTERNATIONAL CHURCH

2120 Olivera Road, Concord

CHECK WEB SITE OR FACE BOOK FOR HOURS

Christmas for Everyone (CFE) is a non-profit volunteer organization serving people in need during the Christmas season in Contra Costa County. Your help is needed to provide a full Christmas Day so no one spends the holiday alone or in need. Volunteers provide transportation to and from our location. Each guest receives a new gift and an abundance of gently-used clothing. A traditional Christmas meal is served with all the trimmings. There is entertainment for children and adults. Food and gifts are delivered to the homebound upon request.

DONATIONS NEEDED:



Money
Gloves & Hats
New/Almost New Clothing
New Gifts for all ages
(Unwrapped, especially Teen & Adult)

Sleeping Bags
Rain Gear (ponchos, etc.)
New/Almost New Blankets
Lap Robes (wide & Long)



BEFORE CHRISTMAS

Hang Posters
Sort Clothes



CHRISTMAS DAY

Volunteers for all areas
Deliver food to Homebound
Entertainers (musicians, singers, clowns)
HAIR STYLISTS



After CHRISTMAS

12/26 CLEANUP

TO VOLUNTEER 925-228-2233
CFE CHRISTMAS@COMCAST.NET
CHRISTMASFOREVERYONE.COM
FACE BOOK CHRISTMAS FOR EVERYONE