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## Clayton Valley Village Newsletter for July 2017

1 message

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Tue, Jul 11, 2017 at 9:52 AM



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# Clayton Valley Village Celebrates July 4<sup>th</sup> with the Clayton Community

**We Love a Parade!**



The CVV contingent was on the move. Glendoris Sargent and Betty Armes sat in the back of the truck, while Sue Manning drove. Marchers were Fred & Rita Pardella, Marilyn Wollenweber and Sonja Wilkin. Marilyn and Sonja handed out CVV brochures along the way.



A

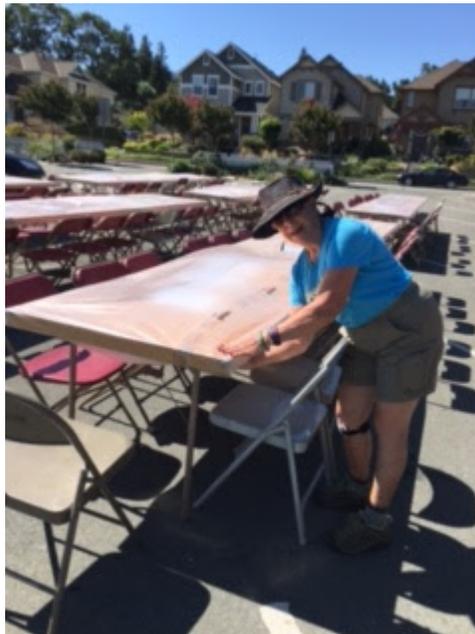
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## CVV Pitches in at Annual Rotary Club Pancake Breakfast

CVV members helped our good friends at the Clayton-Concord Sunrise Rotary with their annual July 4<sup>th</sup> Pancake Breakfast at Endeavor Hall. CVV helped set up hundreds of tables and chairs on July 3, the day before the event. The next morning, CVV joined Rotary members serving thousands of pancakes, then stayed to help clean up – stacking tables and putting all those chairs back into the crates they came in.

Special thanks goes to CVV's Neil Brennan, who coordinated the CVV volunteers. And kudos to those volunteers, Marilyn Wollenweber, Frank Fribley, Pete Barea, Beverly Adams, Sonja Wilkin, Gary Carr, Gloria Utley, and Maria Xiaris.





Boy Scouts from Troop 484 were on hand to lay the ground cloth on the patio, following with what Boy Scouts do best – pitching a tent!



## Calendar for July-August

### Meetings

Tuesday, July 11, 4:00-6:00 pm. **CVV Board Meeting.** Diamond Terrace

Thursday, July 27, **CBCA General Meeting** at Oakhurst Country Club.  
Registration 6:30 pm; Dinner and Meeting 7:00 pm

### Events

Saturday, July 15th, 11:00 am- 6:00 pm. **Clayton BBQ Cookoff.** Downtown Clayton.

Tuesday, July 18, 4:00-6:00 pm – **CVV Monthly Mixer** – Everyone Welcome.  
Clayton Club, under the arbor, 6096 Main Street in Clayton.

Thursday, July 20 – **Lunch 'n' Learn.** “From Family Feuds to Peaceful

**Partnerships: Conflict Resolution for the Challenges of Aging,”** Presented by Katharina W. Dress, MA, Founder, Aging in Harmony. Clayton Community Library, Hoyer Hall. FREE. (See page 6 for details.)

Saturdays. **Concerts In the Grove.** 6:00-8:30 pm. The Grove Park, Downtown Clayton. FREE.

July 22 – The Peelers – favorite music from 70s, 80s, 90s, and today.

August 5 – Pride & Joy – Motown favorites

August 19 – Busta Groove – NCal’s hottest dance party band – Motown to Beyonce

July 27-Aug 13. *The Other Place.* Symmetry Theatre production of Sharr White’s play about a woman facing Alzheimer’s. Live Oak Theater in Berkeley. See below for details.

Every Saturday, 9:00 am – 1:00 pm. **Farmers’ Market.** 6095 Main Street. Downtown Clayton. Support Your Farmer’s Market – We don’t want to lose it!

### **Beyond July...**

Thursday, Sept. 21 – **Lunch ‘n’ Learn.** TBD

Monday, Sept. 25 10:00 am. **Rescheduled webinar with Dr. Atul Gawande,** author of “Being Mortal.” Clayton Community Library, Hoyer Hall. FREE.

Sunday, Oct. 22, 5:00-9:00 pm. 4<sup>th</sup> Annual **Sunday Supper & Silent Auction.** La Veranda. Downtown Clayton.

November 6-8. **National Gathering of Villages,** Baltimore, MD. Early Bird Registration deadline is July 31.

Thursday, Nov. 16. **Annual Meeting of Clayton Valley Village.** All members are urged to attend. Time and place TBD.

### **Monthly CVV Mixer for July**

Meet the Team – Learn the Latest – Everyone Welcome

**Tuesday, July 18, 4:00-6:00 pm.**

Clayton Club  
Under the arbor  
6096 Main Street in Clayton  
Serving the community since 1873



**Clayton Theatre Company announces  
Summer Stage program for kids ages 6-16!**

We focus on musical theater in preparation for the summer musical.

**First Week – July 10th – 14th,  
Second Week – July 17th – 21st,  
Third Week – July 24th – 27th  
Monday – Friday from 10am-1pm**

**Instructors:**

La Tonya Watts, Artistic Director Clayton Theatre Company  
Roxanne Pardi, Managing Director Clayton Theatre Company

Endeavor Hall, 6008 Center Street in Clayton  
Information at [\(925\)-222-9106](tel:925-222-9106) or [Click Here](#).

**You're Invited: Diablo Valley Villages  
Lunch 'N' Learn**

**Thursday, July 20, 2017, 11:30 AM - 1:00 PM**

From Family Feuds to Peaceful Partnerships: Conflict Resolution  
for the Challenges of Aging

Presented by Katharina W. Dress, MA, Founder, Aging in Harmony  
Clayton Community Library, 6125 Clayton Road, Clayton  
BYO brown bag lunch. Cookies & beverages provided by CVV.

**Space is limited to 40.**

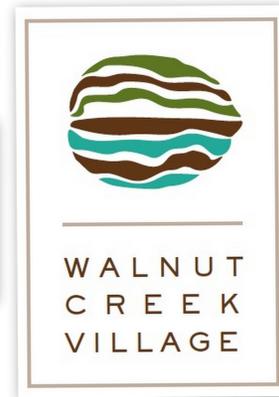
Are you and your family or clients struggling with plans for the later years of life? Tensions are a natural part of human interactions. As we age, all of us face difficult decisions that affect our loved ones and often bring up strong emotions. However, if we can talk about these challenges in a safe and respectful way, families can find solutions that allow them to work together harmoniously near the end of their Elders' lives.

This participatory presentation explores reasons why family dynamics can present major road blocks to effective planning for the later life stages, and how different conflict resolution processes can help families find solutions that bring peace of mind to everyone involved. Participants will learn about mediation and conflict coaching principles, techniques and goals, as well as possible participants and issues that can be addressed.

**KATHARINA W. DRESS, MA**, has been a Mediator for over 10 years and a Facilitator and Trainer for 30+ years. As founder of AGING IN HARMONY, she provides conflict resolution services to older adults and their families, caregivers and aging services providers throughout the San Francisco Bay Area and beyond ([www.aginginharmony.com](http://www.aginginharmony.com)).

**RSVP:** Call [925-626-0411](tel:925-626-0411) by Monday, July 17, at Noon, or until event is full. Please provide your name, phone number, and email address for registration and indicate if you wish to purchase a lunch.

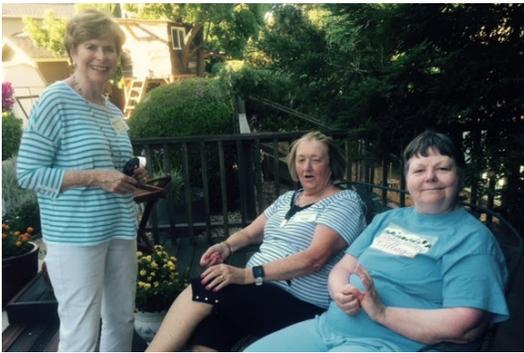
This program is presented in collaboration by the Diablo Valley Villages:  
Clayton Valley, Lamorinda and Walnut Creek Villages



## CVV Holds a Thank-You Pot-Luck for All Members and Volunteers

More than 30 CVV members and volunteers gathered at Sue and Bill Manning's on June 23 for a get-together of friends linked by their dedication to Clayton Valley Village. The group found the Manning's back yard to be a comfortable treasure -and the table filled with delights. Everyone got pot-lucky!





Top Left: Kathy Geddes & Sue Manning. Immediately above, Left: Marilyn Wollenweber, Diane Berger, Carol Hansen Grey. Immediately above, Right: Christine Jeffers, Brenda Sandler Maria Xiaris.

## **CVV Test Run of Volunteer Help Line a Success**

Volunteers Beverly Adams and Pete Barea respond to a request from Sonja Wilkin and trim shrubbery and change a smoke detector battery.



Symmetry Theatre presents

Sharr White's

## **The Other Place**

**The story of a woman trying to cope with her own oncoming Alzheimer's**

July 27-Aug 13. Thurs-Sat at 8:00 pm, Sundays at 2:00 pm  
Live Oak Theater, 1301 Shattuck Ave. in Berkeley  
Tickets \$20-\$30 at [415-377-0457](tel:415-377-0457) or [BrownPaperTickets.com](http://BrownPaperTickets.com)



Imagine this. You're a brilliant scientist studying the causes of dementia. And one day, mid-Power Point, you can't recall what you're supposed to say when the next slide comes up. Eventually you learn that the disease you're studying is now the disease you have. White presents the downward spiral of a brilliant woman battling early onset Alzheimer's.

**Following the August 6 matinee (2:00 pm), Symmetry Theatre will hold a post-show discussion with a panel of professionals who work with individuals diagnosed with early-onset Alzheimer's.**

**Symmetry will offer discounted tickets to caregivers of Alzheimer's patients.** Tickets to all performances will be available at \$15 for caregivers and a guest. Go to [www.symmetrytheatre.com](http://www.symmetrytheatre.com) and enter the password "Caregiver."

## **CVV Executives, Board, and Committees**

**President** – Sonja Wilkin

**Secretary** – Sue Manning

**Treasurer** – Joanne Wasak

**Immediate Past President** – Jim Whitfield

**Board Members** – Gary Carr, Kathy Geddes, Maria Xiaris

**Committee Chairpersons** – Gary Carr, Carol Hansen Grey, Nancy Hoffman, Gloria Utley, Joanne Vanis, Jim Whitfield, Sonja Wilkin, Marilyn Wollenweber

**Task Force Members** – Betty Armes, Jeanne Boyd, Kathy Carr, Frank Fribley, Marilyn Hadley, Shirley Iazard, Dee Jakel, Christine Jeffers, Arlene Lewendowski, Rita Pardella, Glendoris Sargent, Bonnie Slatkin

**Founding Members**

Betty Armes, Jeanne Boyd, Kathy & Gary Carr, Kathleen Geddes, Shirley Groschwitz, Marlyne Hadley, Carol & Victor Hansen-Grey, Arlene D. Lewandowski, Susan & William Manning, Cindy & Gene Molander, Candy Negrete & Bob Duensing, Glendoris Sargent, Shirley & Larry Solen, Sonja Wilkin, Marilyn Wollenweber & Jim Whitfield, Gloria Utley, Joanne Vanis, Maria Xiaris.

**Thank you to our CVV Sponsors.....**for generous donations of cash and in-kind services.

American Association of University Women, Clayton Chapter - Clayton Community Library Foundation - Clayton Pioneer – Clayton Valley-Concord Sunrise Rotary - Compumail Printing – Diablo Valley Foundation on Aging – Diamond Terrace - Marsh Creek Park Villas – Stifel, Nicolaus & Co. - St. Demetrios Greek Orthodox Church - Anonymous 1, 2, 3, & 4.■

**The Villager** is a free, electronic publication of Clayton Valley Village. Editor, Gary Carr, (925) 672-8717, [carrpool@pacbell.net](mailto:carrpool@pacbell.net).

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[www.claytonvalleyvillage.org](http://www.claytonvalleyvillage.org)

**Questions or Comments about CVV ?**

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