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# Our Village VOICE

**A monthly publication of Clayton Valley Village (April 2018 Edition)**

Welcome to the April 2018 edition of Our Voice. In this issue you will find photos from our past events as well as news of our upcoming events.

We have also added a new monthly column called [Member Spotlight](#) where we will feature a short bio of a CVV Founding Member with the intention of helping all of us to get to know one another better.

## IT'S TIME TO RENEW YOUR MEMBERSHIP!

**Membership Renewal Letters  
are in the mail.**

**If you do not receive yours by  
April 5, please call us at  
925-626-0411.**

*NOTE: You can now opt to renew either by  
making one annual or 12 monthly payments.*

**ALL RENEWALS ARE DUE BY MAY 1st!**

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### **CVV Board Members**

Sonja Wilkin, President

Jim Whitfield, Past President

Sue Manning, Secretary

Joanne Wasak, Treasurer

Diane Berger

Fiona Hughes

Kathy Geddes

Pete Bardea

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March has seen a whirlwind of activities for me both with our own local Clayton Valley

## President's Message



*by Sonja Wilkin*

Village or as part of Diablo Villages (Lamorinda, Walnut Creek, and Clayton Valley). We had our first quarterly Birthday luncheon for members on Friday, March 9 at Gloria Utley's home. It was delightful, and we will toast our members for the next 3 quarters as we start this new CVV "Tradition".

Our Bocce Villaggio team lead by Capt. Joanne Vanis is gearing up for play on Wednesdays at 6:30 pm, starting end of April. So come cheer on our team! We formed the team when the Bocce Courts opened up four years ago. It's not only for the fun but also lets our community learn about Clayton Valley Village.

Board member Fiona Hughes and I were part of the Exhibitor Team for Diablo Villages at the East Bay Women's Conference in San Ramon on Monday, March 5. Dr. Jill Biden was the keynote speaker at the sold-out conference for 500

business and professional women. We considered our audience to be mostly the "Adult Children" who would be interested in learning about Villages for their parents and other loved ones in family. It was a good opportunity to interact with some who stopped by our table as well as other exhibitors. A great new flyer was created for the event with the 3 Village logos and contacts.

Very informative material was presented at the Savvy Seniors Presentation in Lafayette on March 7 on Fraud and Scams in the Construction Business and in Medicare. Next month's presentation will be "Age in Place" on April 4. Check the calendar for more details.

We had another enjoyable mixer on March 20 at La Veranda Cafe and participated as an exhibitor in the Creekside Arts Festival at the Library on March 24-25. Many of us also saw the great Clayton Theatre Co. production, "Lend Me a Tenor". CVV supported it with an ad in their program. I look forward to your continuing participation as members and volunteers and keeping Clayton Valley Village growing!

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whatsnew



***We've added two new pages to our website: One***

## ***for members only and one for public viewing:***

1. **FOR MEMBERS ONLY:** A new page showing **Member Referrals of Service Providers**. This page lists local service providers that have been used and are recommended by our CVV Members. We would like to continue to add to this list, so if you have a service provider that you want to recommend, please send us an email with the name, website, phone, address, email and the type of service provided.

**NOTE:** You must be logged in to access this link. Once logged in click on the VILLAGE INFO menu and then mouse over the Service Provider sub-menu to access the flyout menu. From there click on "Member Referrals" in the fly-out menu.

<https://claytonvalley.helpfulvillage.com/pages/10027-member-referrals-service-providers>

2. **FOR PUBLIC VIEWING:** A new **CVV Events Photo Page** with photo collages from most of our events since 2016. NOTE: In order to see this page you must NOT be logged in.

<https://claytonvalley.helpfulvillage.com/pages/10028-cvv-event-photos>

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## **CVV Has Its Benefits... Spread the Word**

by Fiona Hughes



In talking with our members, it's heartwarming to hear examples of the many benefits that Clayton Valley Village (CVV) membership brings, such as:

- **Companionship:** Members enjoy events such as potlucks, birthday celebrations, restaurant get-togethers, theater visits and matinee movies, lunch 'n' learns, and more. As one member put it, "I wouldn't go to the movies on my own, but going with friends from CVV makes it a fun outing".
- **Transportation** (i.e., getting a ride to visit a friend, a medical appointment, drug-store, grocery shopping or beauty shop).
- **Friendly visits.** Schedule a volunteer to drop in for a friendly chat, share a cup of tea, and simply find out how you are.
- **Help with minor household tasks** (battery or light bulb replacement),
- **Help with technology basics** - (computer and/or smart phone help)

- **Help with light gardening** or trimming that pesky branch scratching at your window!.

Says long-time member, Petronella Coleman, "My membership with Clayton Valley Village has been a lifeline".

If you are happy with the benefits your CVV membership has brought you, please remember to tell your friends and neighbors. Word-of-mouth referrals are the best way for CVV to expand our network of members, volunteers and fun activities.

### **Details, Details**

In order for our members and volunteers to be fully covered by insurance, members need to identify all proposed activities when submitting their service requests. An example of multiple requests might be: the outbound trip to Walnut Creek for an MRI; stop at Costco to shop; drop off at Concord hairdresser.

Not only does this safeguard CVV volunteers from an insurance standpoint, it enables our schedulers to efficiently leverage resources (i.e. where one volunteer might collect and drive the member to the MRI, another volunteer might be scheduled to retrieve them hours later).

### **You Asked, We Listened**

To meet the needs of our members, CVV has instituted a monthly payment program for member renewals by credit card, as an option to the standard, annual renewal lump sum payment. If you are currently a member and would like to renew your membership with monthly installments, please fill out the form that you will be receiving in the mail this week and return it before May 1st.

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[spotlight](#)



This month we are Spotlighting Founding Member and CVV Board Secretary, Sue Manning. The interview is in a question and answer format:

**Where were you born?** St. Louis, Missouri

**Where did you spend your childhood years?**

Up to the age of 10, my childhood was somewhat idyllic in St. Louis. I remember catching

fireflies in the summer and sledding down our street in the winter. Things changed when my parents, sister, brother and I moved to San Francisco; some good, some not so good. But I'm happy I'm an almost-native San Franciscan, and St. Louis is a great town to visit!

**Where did you graduate from High School?**

Lincoln High School in the Sunset District of San Francisco.

**Did you go to college and if so where and what was your major?**

I took classes that interested me at San Francisco State College, at San Francisco City College and at University of California Extension in SF. I tried going the route of a regular college student, but when the Psych 101 teacher stood at the front of the class, twiddling or twitching his fingers right below his lower lip, I decided I couldn't sit there and watch. I took writing classes, real estate classes (which had to do with my concurrent job) and watercolor classes.

**How long have you lived in Clayton and why you settled here?** We moved to our present home in Clayton in 1980 because we could! I will say, however, it took me a couple of years to like it here. I always said I'd move back to San Francisco in a minute if I could.

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[Click Here to read Sue's answers to the following questions:](#)

***What field(s) of work have you pursued and what other interesting antidotes about your work you would like to share? What organizations do you belong to? What are your hobbies? What do you do for relaxation? Where have you traveled? Is there any other interesting info you'd like to share about your life, your marriage and/or family? What interested you in becoming a founding member of Clayton Valley Village?***

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volunteering

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# Volunteering & You

by Pete Bardea

I was asked to write a poem  
By CVV  
On what volunteering  
Means to me

If I knock on your door  
You will most likely see  
That the lovely Miss Beverly  
Has accompanied me

She's there by my side  
To help me do  
Whatever you need  
We're there for you

But this poem  
Isn't about me  
It's about you  
And your Volunteers  
And what they can do

If you have lots of clutter  
That's in your way  
And you're tired of looking at it  
Day after day

And you found out recently  
To your dismay  
That all that clutter  
Is bad Feng Shui

If your favorite light bulb  
Has lost its glow  
Or your humming bird feeder  
Is getting quite low

If you need a ride  
From here to there  
To fix your nails  
Or do your hair

Or a ride to the store  
Or anywhere  
Just let us know  
We'll get you there

If technical stuff  
is not your thing  
Then give us a call  
Please give us a ring

If your weeds are quite tall  
And to your despair  
You think your cat  
Is in there somewhere

If your smoke detector  
Is detecting no more  
And changing the batteries  
Is such a chore  
We can do all that  
And so much more

So please don't be timid  
Don't be shy  
Your volunteers are the best  
Just give us a try

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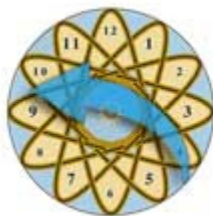
[Click here for further information on our upcoming events.](#)



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## PAST EVENTS

### March Mixer @ LaVeranda Cafe

Our March Mixer at La Veranda cafe was well attended and lots of fun.

Member, Carol Hansen Grey, gave a short talk and held a book signing of her newest book, a graphical memoir entitled, "**Know You Are Loved.**"





## **Lunch & Learn: How Your Home Impacts Your Health**

Health and Vitality was the topic and Nancy Dadami was the speaker. She got there early to check out the Feng Shui of the room and to meet CVV members Sonja and Carol who had arranged the time and date for the presentation. Nancy observed that the check-in table was placed just right, the room had lots of natural light and views of nature from the windows, the furniture was arranged so Nancy would stand in a place of respect, leadership, and inspiration. "The room has great "flow," she observed. Nancy said that as she



talked with members she could feel their passion, support and desire to make a difference for the people they serve. All the attendees learned quite a lot from this very enlightening talk!



Clayton Valley Village Lunch 'n Learn with Feng Shui Expert, Nancy Dadami (3/15/18)

## January, February & March Birthday Celebration

CVV held its first quarterly ***Birthday Luncheon*** for members on Friday, March 9 at Gloria Utley's home. it was delightful and we look forward to toasting our members for the next three quarters as we start this new CVV "Birthday Celebration Tradition."



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## Movie Circle Activities

by Jeanne Boyd



On Tuesday Feb. 27 the Movie Circle saw **"The 15:17 to Paris"** based on the true story from 2015 when three Americans thwarted a terrorist attack.

Clint Eastwood always produces and directs very good films. The interesting thing is that the three young Americans involved in the attempted terrorist attack played themselves. Worth seeing! The movie choice for March 27 was "A Wrinkle in Time." A review will be in next

month's newsletter. **FYI!** We always carpool and if needed will arrange for pickup of non-drivers.

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## Standing & Ad Hoc Committees

***The Events Committee meets on the last Friday of the month between 1-3 pm*** and we welcome anyone to our hardworking team! We enjoy our meetings and the satisfaction of pitching in to make sure our events run smoothly.

The CVV Tech Committee meets on the first Wednesday of the month and also participates in the monthly 3-Village Tech meeting.

The Member Services Committee meets on the third Friday of the month.

***Our Village Voice*** is a free, electronic publication of Clayton Valley Village.

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The editors welcome all submissions and reserve the right to include or edit all material. Unless otherwise specified, other publications may reprint any material herein with proper attribution.

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[www.claytonvalleyvillage.org](http://www.claytonvalleyvillage.org)

**Submissions, Questions or Comments about**

3/27/2018

Gmail - MailChimp Template Test - "OurVillageVoice (April 2018) "

**Clayton Valley Village or Our Voice Newsletter**

**Email:** [Village.Clayton@gmail.com](mailto:Village.Clayton@gmail.com) or **Phone:** [925-626-0411](tel:925-626-0411)

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